

## INSTRUCTIONS

# But first, let me take a Selfie



### Step 1

After completing your Gelish nail prep, apply a thin coat of **ARCTIC FREEZE** to the entire nail making sure to cap the free edge. Cure for 30 seconds in the **18G PLUS LED LIGHT**. Repeat for full coverage.

### Step 2

Using **ME, MYSELF-IE AND I** and a **MINI GEL STRIPER BRUSH**, start drawing the word "SELFIE". Begin with the letter E so that it's easy to balance. Flash cure for 5 seconds.

### Step 3

Next draw the letters S and L. Flash cure for 5 seconds.

### Step 4

Continue drawing the letters F, I and E. Cure for 30 seconds.

### Step 5

Then draw a box outline around the letter S using **NO FLITER NEEDED** and a Mini Gel Striper Brush.

### Step 6

Fill in the box. Follow the same steps on the letter E using **WOKE UP THIS WAY**. Cure for 30 seconds.

### Step 7

Using **BLACK SHADOW** and a Mini Gel Striper Brush outline each letter and cure for 30 seconds. Apply **TOP IT OFF** to the entire nail making sure to cap the free edge. Cure for 30 seconds. With **NAIL SURFACE CLEANSE** and **WIPE IT OFF** lint-free wipes, cleanse the inhibition layer of the nail. Finish your look by massaging **NOURISH CUTICLE OIL** into the skin surrounding the nail plate. Enjoy your finished look.



ME, MYSELF-IE AND I



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