



**STEP 1:**

Sanitize the nails and your clients hands. Push back the cuticle.

**STEP 2:**

Clean the surrounding nail plate.

**STEP 3:**

Shape the natural nail using your Hand & Nail Harmony file of choice (recommended: Hand & Nail Harmony Wooden File).

**STEP 4:**

Gently remove the shine using the Hand & Nail Harmony 100/180 Buffer.

**STEP 5:**

Remove the dust and wipe the nail with Gelish<sup>®</sup> Cleanser using a lint free wipe.

**STEP 6:**

Apply Gelish<sup>®</sup> pH Bond to the nail plate.

**STEP 7:**

Apply Gelish<sup>®</sup> Foundation Gel - in a thin application and seal the edges of the nail.

**STEP 8:**

Place hand in the Gelish<sup>®</sup> LED 18G Light for 5 seconds or UV Light for 1 minute.

**STEP 9:**

Apply Gelish<sup>®</sup> Soak Off Gel Polish of Choice - in a thin application from cuticle to free edge. Be sure to seal the edges of the nail. Place hand in the Gelish<sup>®</sup> LED 18G Light for 30 seconds (20 seconds for light colors) or a UV Light for 1 minute for lighter colors or 2 minutes for darker colors. (For darker coverage, repeat this step once.)

**STEP 10:**

Apply Gelish<sup>®</sup> Top It Off Gel Sealer from cuticle to free edge using a thin light application. Place hand in Gelish<sup>®</sup> LED 18G Light for 20 seconds or UV Light for 2 minutes.

**STEP 11:**

Wipe off the tacky surface with Gelish<sup>®</sup> Cleanser.

**STEP 12:**

Apply Gelish<sup>®</sup> Nourish Cuticle Oil to the skin surrounding the nail.

